

Preventive and Lifestyle Medicine Interest Group Constitution

Article 1: Name of the Club

The name of this interest group will be the Preventive and Lifestyle Medicine Interest Group, which will be referred to as PLMIG.

Article 2: Purpose

Section 1. Aims

The purpose of PLMIG shall be to:

1. Educate interest group members about preventive medicine and the importance of practicing it in their own lives as well as in medical practice.
2. Support students across the medical school with similar interests and connect with faculty.
3. Promote and raise awareness of healthy lifestyle choices within our student body and the greater community.

Section 2. Accountability

The Preventive and Lifestyle Medicine Interest Group shall operate within the policies of Loma Linda University School of Medicine as set forth in the Student Handbook and other statements of policy and procedure adopted by the University. The Assistant Dean for Career Advisement is the official liaison between the Deans' Office and all School of Medicine Specialty Interest Groups.

Article 3: Membership

Membership is open to all Loma Linda University School of Medicine students, faculty, and alumni. Meetings are open to any members and their guests.

Article 4: Organization

Section 1. Qualifications for Office

Each officer must be a student in good standing of Loma Linda University School of Medicine.

Section 2. Governing Committee

- Executive Leadership
 - The **President** shall oversee the operations of the group, preside at group meetings, and provide direction in order to meet the long-term and short-term goals established by the interest group leadership.
 - The **Vice President** shall support the president with general supervision and operation of the club and as well as communication, planning, and executive decision making.
- Core Leadership
 - The **Secretary** shall record minutes of all PLMIG meetings and distribute minutes to other officers. The secretary is expected to communicate updates and announcements to PLMIG members and send flyers to the student body and SOM weekly announcements prior to events.
 - The **Treasurer** shall manage financial expenditures and oversee fundraising efforts.
- Supporting Leadership
 - The **Class Representatives (for First, Second, Third, Fourth year medical students)** shall support the Secretary with public relations duties such as creating flyers and shall promote PLMIG activities to their respective classes in person and online.
 - The **Public Health/Community Service Representative** shall relay information to the interest group about volunteering events and other opportunities in the community.
 - The **Preventive and Lifestyle Medicine Opportunities Representative** shall find relevant opportunities for students, such as research, shadowing, and events.
 - The **Historian** shall take pictures at interest group meetings and events.

Section 3. Sponsor

- A. The Preventive and Lifestyle Medicine Interest Group shall be sponsored by the Preventive Medicine Department.
- B. One or more Faculty Advisor(s) shall be appointed by the Department Chair and the Deans' Office.

Article 5: Elections

Section 1. Procedures

The term of office shall be one academic year. Interest Group elections for the core positions of President, Vice President, Secretary, and Treasurer will be held during the spring. Any remaining positions may be filled in the spring or during an election held in the fall. Nominations

will be accepted at these times, and voting will be by secret ballot of members. A simple majority of votes cast will determine the winner of each position. Any position with unopposed nominees may be appointed by the executive leadership (President and Vice President) at their discretion. Each position, with the exception of President and Class Representatives, may be shared by two nominees.

In the event that the PLMIG is inactive at any time during an academic year and needs to be reinstated, such that officers did not elect new officers at the end of their year of service and therefore no current officers exist, students involved in reinstating the PLMIG shall be part of a group entitled "founding members."

Section 2. Notification

Within two weeks after elections, the President-elect shall file an updated list of officers with the Office of the Assistant Dean for Career Advisement.
