



LOMA LINDA UNIVERSITY

School of Medicine

OPERATING POLICY

PROCEDURE FOLLOWING OCCUPATIONAL EXPOSURE TO BLOOD/BODY FLUIDS/NEEDLESTICK

CATEGORY: MEDICAL EDUCATION

COORDINATOR: DR. KEVIN CORDONIZ

If you are exposed: to another person's blood or body fluid (e.g. through a needle stick injury or mucous membrane splash) take the following steps:

1. Remove the soiled clothing and wash the exposed area with soap and water.
2. Notify attending physician, resident, charge nurse, or site coordinator.
3. Obtain the name of the source patient.
4. At LLUMC, report to LLUMC Employee Health for evaluation and treatment. (If the exposure occurs at an off-campus site, present to the designated department at that site—see below). It is vital that this be done in a timely manner. The Centers for Disease Control and Prevention recommends that treatment be obtained within two hours. If it is not possible to meet this timeline, treatment and evaluation should still be obtained as soon as possible.

LLU Employee Health Services
11370 Anderson Street, Suite 1250
Loma Linda, California 92354
Phone: x88797 or 909-558-8797

*If an exposure occurs after business hours, please report to LLUMC Emergency Department or Advanced Urgent Care

LLU Medical Center Emergency Department:
Address: 11234 Anderson St, Loma Linda, CA 92354
Hours: Open 24 hours
Phone: (909) 558-4444

LLU Medical Center East Campus Advanced Urgent Care
Address: 25333 Barton Rd, Loma Linda, CA 92354
Hours: Open 24 hours
Phone: (909) 558-6644

During this visit to the designated department for immediate intervention, the following will occur:

- A risk assessment will be performed. This assessment will evaluate the type of exposure that you have received and the benefits of treatment. Baseline blood testing will be performed.
 - You will be given instruction in the procedures to be followed for seeking information regarding the source patient's infectious status. It is the responsibility of hospital personnel to follow procedures for HIV, Hepatitis B and C, and Hepatitis screening of the source patient. You should have no source patient interaction specific to the screening process.
 - Information will be provided to assist you in making an informed decision regarding post exposure prophylaxis.
 - Vaccinations will be updated as necessary.
5. If the exposure occurs while you are at an off-campus site (including the VA, Riverside County, etc.), follow steps 1-3 above and then report to the location designated by that site for post-exposure assessment and treatment. If you are at outside community clinic not associated with one of the below, please report back to LLU Employee Health Services immediately. Locations and telephone numbers for some frequently used off campus sites are:
- Riverside University Health System, Occupational Health telephone number (951) 486-4546; or, after hours report to the Emergency Room.
 - Jerry L. Pettis VA Medical Center, you should report to the emergency room for further evaluation.
 - Glendale Adventist Medical Center, Employee Health Service, telephone number (818) 409-8160.
 - White Memorial Medical Center, Report the incident immediately to Employee Health during regular business hours to complete an incident report and exposure forms (ext. 75098). Outside of regular business hours, on weekends and holidays, medical students should report to the Nursing Supervisor, ext. 12822 (Spectralink - ext. 45655). The Emergency Department will provide initial evaluation and treatment. Occupational Medicine will initiate evaluation and treatment when the Emergency Department is not available. Hours of operation are Monday- Friday from 7 am to 4 pm, ext. 6400.

(Note: telephone numbers may be subject to change)

6. Regardless of where the incident occurred, report the incident to Loma Linda University Medical Center's Employee Health Services, Faculty Medical Offices, 11370 Anderson Street, Lobby Level, Suite 1250. Telephone number, 909-558-8797 or extension 88797, as soon as possible and arrange for them to receive a copy of the post-exposure evaluation and treatment records. The records should include your baseline lab results as well as the source lab results. Remember, it is your responsibility as a student to provide Employee Health with this information. When you report to Loma Linda Employee Health you will be asked to fill out a Student Claim form, if you have not already done so. This form will be given to Risk Management which will open your claim with them to assure that all expenses incurred from the exposure will be paid for by them. It is imperative that this claim form be filled out as soon as possible so that Risk Management is aware of the status of your claim as a work-related exposure.

7. Aftercare will be provided by LLUMC Employee Health Services and will include the following:
 - A post exposure summary with results and follow up dates will be mailed to the address you provided.
 - All information supplied to Employee Health will be maintained in a confidential manner as specified in the Loma Linda University policy for infectious disease education and prevention.

Costs for initial evaluation and treatment, as well as follow-up care, associated with exposure to Blood Borne Pathogens are covered by the LLU Student Health. Currently for a clinical injury, the plan does waive the student co-payments as long as you are a full-time student in the School of Medicine and/or meet the eligibility requirements for the LLU Student Health Plan. For further description, please refer to the LLU Student Health Plan document or contact the Department of Risk Management (909) 651-4010.

****Note:** This policy is subject to revision. Students will be notified of any subsequent revisions. It is the medical student's responsibility to understand the procedure that may take place at other institutions they rotate through i.e., Kettering and Advent Health. These materials are provided to you during your onboarding and orientation.