

## L.I.F.E. COMMUNITY

Contact your assigned faculty and fourth-year mentors

## **CONFIDENTIAL ADVISORS FOR MEDICAL STUDENTS (CAMS)**

Cherie Cora, MD, [CACora@llu.edu](mailto:CACora@llu.edu)  
[About CAMS](#)

## **ACADEMIC RESOURCES**

**Peer Academic Coach**  
[To request a coach](#)

**Academic Support Canvas Page**  
<https://llu.instructure.com/courses/1147891>

**Academic Counseling**  
Dr. Jill Genobaga  
*Creation of success plan*  
*Learning specialist/assessment*  
(909) 558-4000 ext. 59616  
[jgenobaga@llu.edu](mailto:jgenobaga@llu.edu)

## **FINANCIAL**

LLUSM Student Affairs  
[909-558-4630](tel:909-558-4630)

## **SPIRITUAL SUPPORT**

University Chaplains  
[909-558-8348](tel:909-558-8348)

## **STUDENT AFFAIRS/DEAN'S OFFICE**

Dr. Jaime López  
Associate Dean for Student Affairs  
(909) 558-4630



## **OTHER COUNSELING OPTIONS**

## **EMPLOYEE AND STUDENT COUNSELING SERVICES (ESCS)**

Free short-term scheduled counseling  
(909) 558-6050

## **COMMUNITY COUNSELING**

Student Health Services

## **FAMILY RESOURCES**

Couples Counseling - (909) 558-6050  
Junior Medical Auxiliary (JAM) (909) 558-4630

## **LIVING WHOLE PROGRAM**

[myllu.llu.edu/livingwhole](https://myllu.llu.edu/livingwhole)  
*The Student SPARK Program*  
*Time management; Test anxiety; academic goals*

## **MENTAL HEALTH SUPPORT**

## **PHYSICIAN VITALITY**

Create a success plan  
Page or call for 24/7 support  
[909-558-5257](tel:909-558-5257) (ext. 55257)

[PhysicianVitality@llu.edu](mailto:PhysicianVitality@llu.edu)  
Dr. Barbara Hernandez  
[calendly.com/bhernandez2](https://calendly.com/bhernandez2)  
Dr. Pierre Scott  
[bpscott@llu.edu](mailto:bpscott@llu.edu)

## **DEPARTMENT OF PSYCHIATRY**

Schedule with a psychiatrist through the  
Office of Physician Vitality (909) 558-5257

## **BEHAVIORAL HEALTH INSTITUTE**

(909) 558-9500  
Outpatient Counseling & Testing

## **NATIONAL HOTLINES**

**Suicide Hotline**  
24/7 free, confidential support  
Call: 988  
**Crisis Text Line**  
[www.crisistextline.org/texting-in](http://www.crisistextline.org/texting-in)  
Text: 741741

## **LLU CHEMICAL DEPENDENCE & ADDICTIONS**

Intake: (909) 558-9224

## **COMMUNITY ADDICTIONS**

[sbcounty.gov](https://sbcounty.gov) | 800-968-2636

## **MEDICAL ILLNESS**

Student Health  
[909-558-8770](tel:909-558-8770)

STRESSED

AT RISK