

## L.I.F.E. COMMUNITY

Contact your assigned faculty and fourth-year mentors

## **CONFIDENTIAL ADVISORS FOR MEDICAL STUDENTS (CAMS)**

Cherie Cora, MD, [CACora@llu.edu](mailto:CACora@llu.edu)  
[About CAMS](#)

## **ACADEMIC RESOURCES**

### **Peer Academic Coach**

[To request a coach](#)

### **Academic Support Canvas Page**

<https://llu.instructure.com/courses/1147891>

### **Academic Counseling**

Dr. Jill Genobaga

*Creation of success plan*

*Learning specialist/assessment*

[\(909\) 558-4000](tel:9095584000) ext. 59616

[jgenobaga@llu.edu](mailto:jgenobaga@llu.edu)

## **FINANCIAL**

LLUSM Student Affairs

[909-558-4630](tel:9095584630)

## **SPIRITUAL SUPPORT**

University Chaplains

[909-558-8348](tel:9095588348)

## **STUDENT AFFAIRS/DEAN'S OFFICE**

Dr. Jaime López

Associate Dean for Student Affairs

[\(909\) 558-4630](tel:9095584630)



## **OTHER COUNSELING OPTIONS**

## **EMPLOYEE AND STUDENT COUNSELING SERVICES (ESCS)**

Free short-term scheduled counseling

[\(909\) 558-6050](tel:9095586050)

## **COMMUNITY COUNSELING**

Student Health Services

## **FAMILY RESOURCES**

Couples Counseling - [\(909\) 558-6050](tel:9095586050)

Junior Medical Auxiliary (JAM) [\(909\) 558-4630](tel:9095584630)

## **LIVING WHOLE PROGRAM**

[myllu.llu.edu/livingwhole](https://myllu.llu.edu/livingwhole)

*The Student SPARK Program*

*Time management; Test anxiety; academic goals*

## **MENTAL HEALTH SUPPORT**

## **PHYSICIAN VITALITY**

Create a success plan  
Page or call for 24/7 support  
[909-558-5257](tel:9095585257) (ext. 55257)

[PhysicianVitality@llu.edu](mailto:PhysicianVitality@llu.edu)

Dr. Barbara Hernandez

[calendly.com/bhernandez2](https://calendly.com/bhernandez2)

Dr. Pierre Scott

[bpscott@llu.edu](mailto:bpscott@llu.edu)

Dr. Lauren Snyder

[lsnyder@llu.edu](mailto:lsnyder@llu.edu)

## **DEPARTMENT OF PSYCHIATRY**

Schedule with a psychiatrist through the  
Office of Physician Vitality [\(909\) 558-5257](tel:9095585257)

## **BEHAVIORAL HEALTH INSTITUTE**

[\(909\) 558-9500](tel:9095589500)

Outpatient Counseling & Testing

## **NATIONAL HOTLINES**

### **Suicide Hotline**

24/7 free, confidential support

Call: 988

### **Crisis Text Line**

[www.crisistextline.org/texting-in](https://www.crisistextline.org/texting-in)

Text: 741741

## **LLU CHEMICAL DEPENDENCE & ADDICTIONS**

Intake: [\(909\) 558-9224](tel:9095589224)

## **COMMUNITY ADDICTIONS**

[sbcounty.gov](https://sbcounty.gov) | [800-968-2636](tel:8009682636)

## **MEDICAL ILLNESS**

Student Health

[909-558-8770](tel:9095588770)

**STRESSED**

**AT RISK**