

# Learning Survey

NOTE: This screening tool was partly adapted from the Disability Resource Center at Harvard and the Learning and Teaching Center of Wellesly College. It has been significantly amplified and revised by the office of advising Resources, Harvard Medical School (1/00). Copyright President and Fellows of Harvard College, 2002.

(Check any areas of concern to you; feel free to add specific comments)

		Comments:
<b>a. Reading:</b>		
1.	Keeping up with reading assignments	_____
2.	Maintaining attention when reading	_____
3.	Reading words in the correct order	_____
4.	Sounding out familiar words	_____
5.	Skipping lines when you read	_____
6.	Understanding what you read	_____
7.	Remembering material previously read	_____
8.	Reading directions/maps/diagrams	_____
9.	Slow reading rate	_____
10.	Confusing similar words	_____
11.	Other	_____
<b>b. Writing:</b>		
1.	Organizing thoughts on paper	_____
2.	Writing quickly	_____
3.	Spelling	_____
4.	Punctuation, grammar usage	_____
5.	Writing legibly	_____
6.	Copying from the board or overhead	_____
7.	Reversing letters when writing	_____
8.	Compositions too brief, limited output	_____
<b>c. Language/speaking skills/auditory processing:</b>		
1.	Expressing thoughts orally	_____
2.	Misinterpreting what others are saying	_____
3.	Interrupting others in conversation	_____
4.	Difficulty following group discussions	_____
5.	Difficulty retrieving the right word	_____
6.	Using words inappropriately, out of context	_____
7.	Meeting people and making friends	_____
8.	Remembering what you heard	_____
9.	Other	_____
<b>d. Mathematics:</b>		
1.	Learning formulas	_____
2.	Recalling sequence of operations	_____

- 3. Conversions, e.g., F to C, metric to inches \_\_\_\_\_
- 4. Poor computational skills \_\_\_\_\_
- 5. Careless errors \_\_\_\_\_
- 6. Other \_\_\_\_\_

**e. Attention/Concentration:**

- 1. Sustaining attention in lecture \_\_\_\_\_
- 2. Becoming easily bored \_\_\_\_\_
- 3. Seeking stimulation/excitement \_\_\_\_\_
- 4. Remembering what you heard \_\_\_\_\_
- 5. Remembering phone#’ s/names \_\_\_\_\_
- 6. Remembering what you saw \_\_\_\_\_
- 7. Sustaining attention while studying \_\_\_\_\_
- 8. Sustaining attention during exams \_\_\_\_\_
- 9. Difficulty completing tasks \_\_\_\_\_
- 10. Fidgety in seat \_\_\_\_\_
- 11. Becoming impatient \_\_\_\_\_
- 12. Other \_\_\_\_\_

**f. Organizational skills (time/physical, spatial/social):**

- 1. Procrastination doing work \_\_\_\_\_
- 2. Difficulty outlining information in text \_\_\_\_\_
- 3. Trouble getting organized \_\_\_\_\_
- 4. Difficulty creating structure for yourself \_\_\_\_\_
- 5. Completing assignments on time \_\_\_\_\_
- 6. Setting realistic priorities for work \_\_\_\_\_
- 7. Difficulty prioritizing ideas for papers \_\_\_\_\_
- 8. Other \_\_\_\_\_

**g. Multi-tasking:**

- 1. Listening to lecture and taking notes \_\_\_\_\_
- 2. Transition from one task to another \_\_\_\_\_
- 3. Translating verbal/written skills to practical applications \_\_\_\_\_
- 4. Simultaneously integrating information together from a variety of sources (e.g., text, lecture, lab, etc.) \_\_\_\_\_
- 5. Other \_\_\_\_\_

**h. Self-Awareness Related to learning:**

- 1. Feelings of under-achievement \_\_\_\_\_
- 2. Low sense of self-worth \_\_\_\_\_
- 3. Worrying you won’t complete or succeed in your current program \_\_\_\_\_

- 4. Low degree of motivation \_\_\_\_\_
- 5. Wanting to hide your problems from others \_\_\_\_\_
- 6. Feeling out of control \_\_\_\_\_
- 7. Other \_\_\_\_\_

**i. Learning-Related Emotions**

- 1. Mood swings related to success or failure \_\_\_\_\_
- 2. Excessive test anxiety/panic attack/"blinking out" \_\_\_\_\_
- 3. Perfectionism \_\_\_\_\_
- 4. Confusion about what's not working \_\_\_\_\_
- 5. Needing the pressure of time to complete work \_\_\_\_\_
- 6. Anxiety speaking/resenting in groups \_\_\_\_\_
- 7. Lack of patience \_\_\_\_\_
- 8. Worrying about academic performance \_\_\_\_\_
- 9. Low tolerance for frustration \_\_\_\_\_
- 10. Hopelessness about success \_\_\_\_\_
- 11. Low degree of motivation \_\_\_\_\_
- 12. Difficulty initiating projects \_\_\_\_\_
- 13. Anxiety in clinical settings (when observing, when engaged) \_\_\_\_\_
- 14. Other \_\_\_\_\_